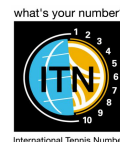


# TEAM COMPETITIONS



## TACTICAL DOUBLES CHALLENGE

(Presented by Mark Tennant, ITF)

### DESCRIPTION

This is a timed doubles competition that encourages players to practice doubles tactics in matchplay. It is an ideal format to include at the end of a doubles workshop.

TIME	PLAYERS / COURTS	SINGLES / DOUBLES
1 Hour	4 courts per 16 players	Doubles
AGES	TEAM / INDIVIDUAL	OBJECTIVE
Any	Team	Social Learning

### ORGANISATION

**COURTS AND PLAYERS:** Divide players into doubles pairs. Number each pair 1-8. Set up courts with a different tactical doubles instruction for each:

Court 1: one up one back; one player in the pair must stay at the net with the other at the baseline

Court 2: serve and volleys; servers must serve and come up to the net on every point

Court 3: service boxes only; players lose the point if they step outside the service box after the serve and return have been played

Court 4: 'I' formation; the server's partner stands in the middle at the net then chooses a side to move to after the serve

**SCORING:** Matches are timed for 10 minutes. Players count points 1, 2, 3, 4 – service works as in a tiebreak

**SCORESHEETS:** Pairs record their score in each match and enter on the main scoresheet (see next page)

### ACTIVITY

**ORDER OF PLAY:** Put all pairs on court, 2 pairs per court. After each round all pairs move one court space to the right (see page 3). Play 8 rounds.

**AT THE END:** The winning pair is the one with the most points won

### ADAPT THE FORMAT

Many formats can easily be adapted to suit players aged under 10, mixed ages, teams and to be a more or less competitive event.

Download 'ADAPTING COMPETITION' for a quick and easy guide to adapting this format to suit your needs.

### THEMES

Many competitions are more fun and easier to promote if they have a theme such as Davis Cup, Olympics or Family Day attached.

Download 'ADDING THEMES' for ideas.

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### SAMPLE SCORESHEET

Names	Match 1	Match 2	Match 3	Match 4	Match 5	Match 6	Match 7	Match 8	Total
Eg Pair X	8	5	9	10	6	7	4	7	56
Pair 1									
Pair 2									
Pair 3									
Pair 4									
Pair 5									
Pair 6									
Pair 7									
Pair 8									

# TEAM COMPETITIONS



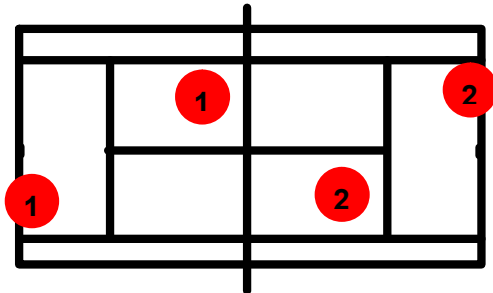
## TACTICAL DOUBLES CHALLENGE

(Presented by Mark Tennant, ITF)

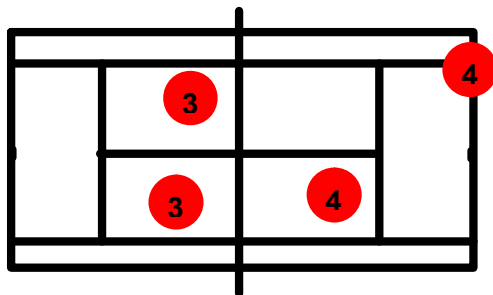
**ROTATIONS** – Each pair moves one place to the right after each round

### ROUND 1

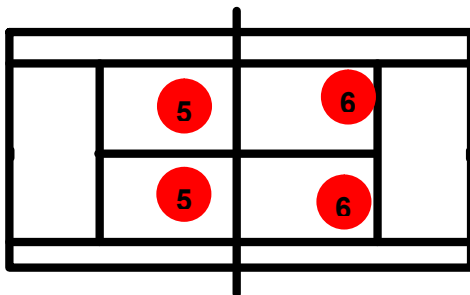
**Court 1 – One Up One Back**  
Pair 1 v Pair 2



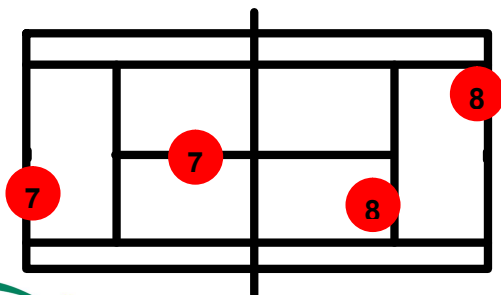
**Court 2 – Serve and Volley**  
Pair 1 v Pair 2



**Court 3 – Service Box Only**  
Pair 5 v Pair 6

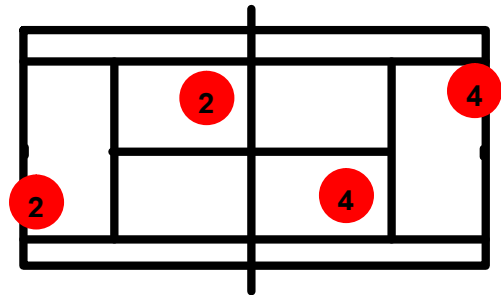


**Court 4 – 'I' Formation**  
Pair 7 v Pair 8

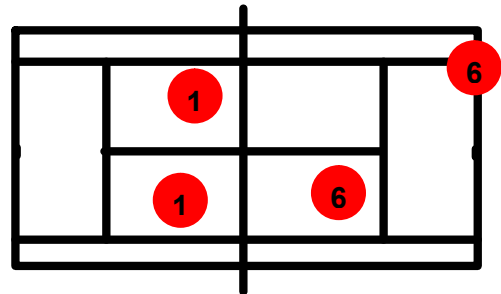


### ROUND 2

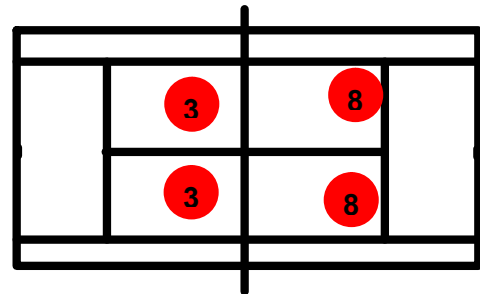
**Court 1 – One Up One Back**  
Pair 2 v Pair 4



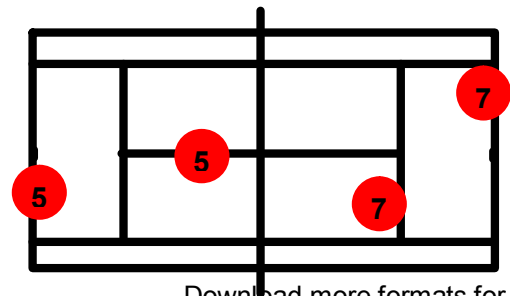
**Court 2 – Serve and Volley**  
Pair 1 v Pair 6



**Court 3 – Service Box Only**  
Pair 3 v Pair 8



**Court 4 – 'I' Formation**  
Pair 5 v Pair 7



Download more formats for free at [tennisplayandstay.com](http://tennisplayandstay.com) or for an ITN Tennis Rating visit [oncourassessment.com](http://oncourassessment.com)...