

# ROTATION COMPETITIONS



## Up and Down (Presented by USTA)

### DESCRIPTION

Up and Down is a rotation format where players move 'Up' towards the top court if they win a match or 'Down' towards the bottom court if they lose a match.

TIME	PLAYERS / COURTS	SINGLES / DOUBLES
1-2 Hours	6 players per court	Doubles
AGES	TEAM / INDIVIDUAL	OBJECTIVE
10 years and above	Team	Social and/or Competitive

### ORGANISATION

**COURTS AND PLAYERS:** You can have 6 players per court. Put all players into doubles pairings and number your courts, (1, 2, 3, 4 etc)

**SCORING:** Short matches work best, tiebreaks to 7 or 10 points are advised. Scores are not recorded

**SCORESHEETS:** Non required

### ACTIVITY

**ORDER OF PLAY:** Send all doubles pairs to a court, you may have a waiting area by each court if there are too many pairs, a pair can wait off for one round but then play in the next round. After each match, the winning pair moves up to towards the first court and the losing pair move down towards the last court. (For example, Team C beat Team D on court 2. Team C move up to court 1, Team D move down to court 3).

Play as many rounds as you have time for.

**AT THE END:** The two pairs who finish on court 1 at the end of the event are the winners.

### ADAPT THE FORMAT

Many formats can easily be adapted to suit players aged under 10, mixed ages, teams and to be a more or less competitive event.

Download 'ADAPTING COMPETITION' for a quick and easy guide to adapting this format to suit your needs.

### THEMES

Many competitions are more fun and easier to promote if they have a theme such as Davis Cup, Olympics or Family Day attached.

Download 'ADDING THEMES' for ideas.

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### EXAMPLES OF PLAYER MOVEMENTS

Below there are 4 courts, with 4 waiting areas. There are 12 doubles team with 24 players. The courts on the right, show who has moved and where they moved to. Winners are in **bold** and have moved up a court, losers are in *italics* and have moved down a court, those in waiting remain the same

